

Best_Swims

Name	Pool Length	50m Freestyle	100m Freestyle	200m Freestyle	400m Freestyle	800m Freestyle	1500m Freestyle	50m Backstroke	100m Backstroke	200m Backstroke	50m Breaststroke	100m Breaststroke	200m Breaststroke	50m Butterfly	100m Butterfly	200m Butterfly	100m Individual Medley	200m Individual Medley	400m Individual Medley
Abigail Le Brocq	SC	00:48.51						00:49.24			00:59.80						02:00.34		
Abigail Rhodes	LC	00:30.30	01:05.32	02:28.23				00:36.84	01:19.56		00:38.51	01:25.50	03:09.88	00:31.92	01:14.41			02:42.19	05:56.93
Abigail Rhodes	SC	00:29.53	01:03.76	02:20.58				00:34.86	01:15.94	02:49.08	00:36.85	01:22.12	02:55.47	00:31.86	01:12.59	02:49.85	01:13.26	02:35.81	05:41.67
Adam Dales	LC	00:27.89	01:00.39								00:34.06	01:13.32	02:39.17						
Adam Dales	SC	00:27.40	00:58.87						01:16.92		00:33.79	01:13.14	02:37.01		01:16.03			02:26.60	
Adam Rider	LC	00:32.84	01:00.50	02:28.60	05:07.15	10:29.80		00:38.69	01:20.96	02:59.47								03:18.99	
Adam Rider	SC	00:32.56	01:08.45	02:22.93	05:06.74			00:38.18	02:43.87				03:38.24	00:40.29		03:40.39		02:56.28	06:32.33
Adeline James	SC											03:38.94							
Alasdair Holden	LC	00:28.28	01:03.26								00:32.13	01:12.31	02:44.55					02:40.64	
Alasdair Holden	SC	00:27.91	01:00.37	02:18.92	04:56.56				01:19.50	02:42.32	00:32.41	01:12.53	02:40.25				01:13.09	02:31.53	05:38.75
Alexander Speight	LC			03:11.41				00:46.71					04:21.02	00:48.05	01:47.27			03:52.36	
Alexander Speight	SC	00:33.40	01:23.63						01:29.06	03:09.52	00:51.39	02:01.20	04:06.73	00:43.71	01:52.32		01:33.86	03:31.54	
Alexander White	LC	00:32.01	01:09.37						01:27.54		00:46.75	01:41.27						02:59.17	
Alexander White	SC	00:33.67		02:33.14	05:16.40			00:40.87	01:27.73	03:03.74						03:33.94		03:30.04	03:06.39
Alice Gill	LC	00:28.47	01:02.15	02:21.45				00:35.44						00:32.33	01:08.38	02:31.19			
Alice Gill	SC	00:28.05	01:00.76	02:16.30	04:52.67				01:17.83	02:40.76		01:29.70	03:06.80	00:31.66	01:07.35	02:28.01		02:34.82	05:32.11
Alice Ramsden	LC	00:38.87	01:30.46					00:49.87	01:48.17	03:50.77	00:52.95	01:58.26							
Alice Ramsden	SC	00:40.41		03:15.69	07:08.56					03:50.78	00:53.54	01:58.71	04:11.30						
Alistair Wallace	LC	00:44.43		04:05.22				00:51.51			01:04.36			01:09.89				04:14.21	
Alistair Wallace	SC	00:44.92		03:49.67				00:52.61			01:03.84			01:00.27			01:56.51		
Amelia Kaye	LC	00:44.07						00:52.23			00:52.92								
Amelia Kaye	SC			03:41.69						04:17.00									
Angus Lister	SC			03:21.97	07:09.96					03:37.24						04:14.27			
Becky Owrarn	LC	00:31.78		02:27.15												04:03.68			
Becky Owrarn	SC	00:32.21	01:07.35	02:22.10	05:03.01	10:27.83	19:57.70	00:36.68		02:50.55				00:35.07					
Becky Owrarn	SC	00:32.21	01:07.35	02:22.10	05:03.01	10:27.83	19:57.70	00:36.68		02:50.55				00:36.31	01:17.99			02:52.00	
Benjamin Cruddos	LC	01:03.42	02:17.82	04:50.54	09:48.07	18:46.46		00:40.58	01:21.53	02:55.38	00:47.78	01:36.14	03:21.48	00:35.18	01:28.57			02:40.21	
Benjamin Cruddos	SC	00:28.94	01:02.06	02:13.07	04:41.55	18:09.45		00:38.68	01:14.62	02:36.41		01:25.60	03:02.09	01:15.49	02:56.60			02:34.82	
Brandon Chan	LC	00:33.48	01:29.13	02:34.56				00:47.20	01:36.59	02:53.84	00:44.98	01:37.23	03:23.23	00:39.08				02:56.09	06:14.43
Brandon Chan	SC	00:33.47	01:25.11	02:35.54					01:40.78	02:54.05	00:43.01	01:40.25	03:22.07	00:34.82	01:47.96	03:21.95		02:57.36	06:28.57
Charles Lonsbrough	LC	00:31.11	01:06.37	02:22.91	04:56.29	10:09.90			01:17.90	02:42.02		01:40.22		00:33.64	01:12.47	02:35.94		02:45.70	05:58.18
Charles Lonsbrough	SC	00:29.27	01:04.11	02:17.19	04:52.98	10:07.49		00:36.25	01:17.18	02:40.77		01:43.47		00:33.46	01:12.71	02:35.20		02:42.41	05:57.29
Charlie Boulton	LC	00:35.18	01:19.76	02:46.34				00:41.85	01:29.36	03:01.77	00:58.08		04:08.88	00:48.28	01:52.04	03:58.02		03:18.15	
Charlie Boulton	SC	00:34.73	01:23.01	02:51.31	05:51.13			00:40.75	01:40.12	02:57.26	00:54.52	01:54.12	04:00.96	00:48.92	01:46.91	03:36.10	01:38.97	03:30.30	
Charlie Vaux	LC	00:29.84	01:09.73						01:25.06		00:42.36	01:24.84	03:23.33					03:02.37	
Charlie Vaux	SC	00:29.36							01:24.01		00:38.70	01:27.88	03:12.51	00:34.48			01:17.35		
Charlotte Blythe	LC	00:47.57	01:36.37					00:48.13	01:47.04		00:54.47			01:03.01					
Charlotte Blythe	SC	00:46.32	01:47.39	03:30.74	07:35.84				02:04.75	03:47.51	00:59.56	02:12.12		01:02.51			01:52.83		
Charlotte Potter	LC							00:54.59			01:00.98								
Charlotte Potter	SC	00:55.79	02:03.33	03:42.85				00:55.21	02:05.16	04:11.73	00:57.42	02:11.59	04:21.97						
Christina Thomson	SC	00:40.57	01:30.75																03:38.59
Christopher Dalby	SC			02:36.95												03:25.09			
Christopher Natrass	LC	00:28.23	01:00.79					00:34.31	01:12.16	02:52.23	00:44.30	01:30.67						02:53.15	
Christopher Natrass	SC	00:28.22	01:01.27	02:15.46				00:33.14	01:12.70	02:38.17		01:34.61	03:33.56					02:40.09	
Ciara Martin	LC	00:36.41						00:42.49	01:25.70	02:57.34	00:48.28	01:43.35		00:46.90	01:47.34			03:15.01	
Ciara Martin	SC	00:39.47	01:27.03	02:47.06	06:07.76			00:43.08	01:31.20	02:58.57	00:49.97		03:33.23	00:50.36				03:20.00	
Dmitry Kadochnikov	LC	00:26.69	00:56.89	02:02.66	04:16.49	08:57.91	16:58.03		01:06.93	02:23.77		01:17.15		01:03.25	02:32.53			02:22.22	05:04.24
Dmitry Kadochnikov	SC		00:56.21	01:59.71	04:11.27	08:49.80	16:42.51		01:06.86	02:18.39	00:36.34		02:39.45	00:29.65	01:02.02	02:20.94		02:19.91	04:57.80
Eleanor Barker	LC	00:40.97						00:50.58											
Eleanor Barker	SC	00:41.73						00:48.24			00:53.06								
Elizabeth Halliday	LC	00:52.93						00:55.42			00:55.73		04:13.83	00:59.65				04:19.05	
Elizabeth Halliday	SC	00:57.54		04:04.92				00:56.55	02:07.81		00:54.23	01:57.43	04:07.49	00:59.60			01:56.78	04:32.72	
Ellen White	LC	00:30.21	01:05.57	02:22.48	05:01.26	10:25.42			01:24.38			01:35.27	03:16.72		01:15.52			02:49.19	06:12.04
Ellen White	SC	00:31.79	01:06.10	02:23.18	05:03.69			00:40.13	01:22.60	02:53.63	00:45.99	01:31.59	03:14.32	00:37.67	01:16.54	02:50.76		02:50.08	05:59.31
Erin Fairweather	LC								01:45.69			01:50.66			01:54.75			03:38.87	
Erin Fairweather	SC			03:08.43						03:41.17	00:57.53		03:47.96	00:49.16			01:43.93		

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Flora Middleton	LC	00:38.74	03:21.53			00:46.18	03:35.68	00:58.12		00:51.45									
Flora Middleton	SC	00:39.86	03:18.71	07:13.39		00:44.67	03:33.62	00:55.18		04:14.20	00:48.41								01:39.31
Frank Pilling	LC	00:38.50				00:47.35													
Frank Pilling	SC	00:39.66					01:47.69												
Gail Daffern	SC					00:58.77	02:07.32	04:40.83	00:51.55	01:58.48	04:11.24								
Georgina Kaye	SC		02:53.50				03:11.69				03:56.07								07:03.54
Gregor Dales	LC	00:38.93				00:44.07	01:33.34	03:15.74	00:48.62	01:46.43	03:47.31								
Gregor Dales	SC	00:39.81	01:32.94	03:13.23		00:46.58	01:32.36	03:17.62	00:48.60	01:51.15	03:47.05								01:36.84 03:36.90
Hannah McCorry	LC	00:43.77									02:00.98								
Hannah Scholes	LC		03:34.21								04:29.93								
Hannah Scholes	SC	00:45.21	03:34.44			00:53.79	04:15.43	00:54.89		04:11.39	01:03.79								01:54.64
Hannah Wray	LC	00:32.79	01:09.65	02:32.46				00:39.42	01:25.50	03:11.00									
Hannah Wray	SC	00:31.67	01:09.28	02:28.98	05:23.18		01:29.11	02:56.07	00:40.27	01:26.61	03:07.59		01:26.97	02:53.00		02:44.15	06:20.64		
Jack McBride	LC	00:29.29	01:01.83	02:13.55				02:49.89		01:24.99	03:01.04	00:31.11	01:08.80	02:33.54		02:36.38	05:50.39		
Jack McBride	SC	00:30.37	01:00.98	02:11.02	04:40.43		01:22.28	02:38.30	00:40.96	01:27.27	02:57.27	00:34.26	01:09.78	02:30.25		02:31.55	05:29.48		
James Aitken	LC	00:38.12	01:18.11	02:48.31		00:41.42	01:26.57	03:02.12	00:54.46	01:48.58									03:23.36
James Aitken	SC	00:34.57	01:17.67	02:47.67	06:01.89	00:39.65	01:26.71	02:56.84		01:50.53	03:47.26	00:47.40				01:34.14	03:23.27		
James Kendall	SC	00:41.95	03:46.37			00:46.67	03:41.77	00:56.88		04:26.75	00:52.78				04:35.87	01:40.91			
Jamie Martin	LC	00:28.30	00:58.08	02:13.38	04:26.56	09:23.77	17:35.08		01:08.23										02:23.65
Jamie Martin	SC	00:26.83	00:58.31	02:05.26	04:26.54	09:11.24		00:31.01	01:05.69	02:18.16	00:36.42		02:46.06	00:30.30	01:08.14	02:38.36			02:20.82 05:03.94
Jayne Hayes	SC		03:43.78								04:19.21								
Jennifer Martin	LC	00:40.19	03:09.38			00:48.89	03:42.90	00:55.59		04:04.62	00:50.55			04:08.16					
Jennifer Martin	SC	00:44.46	01:38.68	03:10.90	06:48.66		01:52.54	03:46.64	00:58.05	01:58.02	04:09.12	00:55.30		04:03.50	01:51.77	03:56.75			03:45.74
Jodie Lewis	LC	00:41.30				00:45.70													
Jodie Lewis	SC	00:39.25				00:45.62													
John Blackwell	SC	00:27.06	00:59.39				01:13.44						01:09.73						02:34.05
Jonathan Binder	LC	00:35.66	01:17.57	02:50.38		00:41.26	01:32.58	03:19.24	00:47.79	01:46.55	03:37.23	00:41.11	01:35.30	03:40.71		03:15.93			
Jonathan Binder	SC	00:33.64	01:15.25	02:36.25	05:35.12	00:40.51	01:28.45	03:08.59	00:46.52	01:38.50	03:19.88	00:41.22	01:32.88	03:10.12	01:27.16	03:03.10			
Jonathan Vaux	LC	00:45.96				00:52.61			01:01.17										
Jonathan Vaux	SC								01:03.82										
Jordan Emsley	LC		01:00.52	02:10.38	04:32.96		01:14.77	02:36.23					01:49.15						02:38.23
Jordan Emsley	SC	00:28.95	01:00.82	02:08.95	04:35.53	00:35.98	01:13.47	02:28.70		01:30.25	03:09.08			02:57.62		02:36.10			
Jordan Foster	LC	00:29.20	01:02.25	02:16.64	04:46.80		01:14.99			01:25.04		00:32.18		02:40.13		02:35.10			
Jordan Foster	SC	00:30.76	01:06.24				01:17.87			01:27.91			01:18.12			02:41.09			
Jordan North	LC	00:35.61	01:17.00	02:42.42		00:44.34	01:35.39		00:48.75	01:45.64	03:35.65	00:40.14	01:33.71	03:24.05		03:06.97			
Jordan North	SC	00:34.74	01:15.50	02:41.56	05:54.84	00:41.85	01:36.22	03:11.87	00:47.53	01:41.79	03:33.31	00:39.50	01:29.79	03:18.16	01:26.35	03:07.19	06:41.43		
Joseph French	LC	00:27.51	00:57.22	02:03.79	04:32.90	09:20.54	17:53.38		01:06.70	02:27.37			00:28.90	01:02.48	02:16.83				
Joseph French	SC	00:27.26	00:57.53	02:04.30	04:22.76	09:41.13	17:27.29		01:06.27	02:20.50			02:54.84	00:29.17	01:02.48	02:16.50			02:23.91 05:32.96
Joseph McKernan	SC		03:47.17					04:10.28		04:30.62						02:13.92	03:54.17		
Josh McCormack	SC						02:01.36			01:48.39									
Joshua Cruddos	LC	00:38.72	02:51.55			00:49.10			01:02.23			00:43.52							03:17.18
Joshua Cruddos	SC	00:35.57	01:16.73	02:46.45	05:45.28	00:42.22	01:30.90	03:17.31	00:50.20	01:44.56	03:37.58	00:52.13	02:09.71	03:38.45	01:50.12	03:10.50			
Joshua Lascelles	LC	00:33.58	01:11.97	02:35.40		00:39.27	01:23.78	02:52.61				00:37.46				03:00.22			
Joshua Lascelles	SC	00:33.89	01:12.83	02:32.85	05:16.67	00:38.45	01:24.06	02:48.95	00:49.51	01:50.59		00:37.77	01:37.73	03:22.35	01:24.43	02:59.69			
Kai Lawson-Tovey	LC	00:42.54	03:30.21			00:48.14	03:50.10	00:59.81				00:49.67				03:58.63			
Kai Lawson-Tovey	SC	00:39.71	03:17.46	07:17.36		00:47.80	03:44.25	01:00.09		04:41.69	00:48.56		04:36.19	01:40.78					
Kent Sampson	LC	00:27.88	00:59.38	02:12.05							02:52.66	00:29.51	01:06.32	02:27.41		02:27.65	05:25.33		
Kent Sampson	SC	00:27.83	01:01.70	02:14.20		09:48.02		01:17.62		01:24.50	02:52.70	00:33.15	01:10.05	02:31.96		02:29.92	05:21.98		
Kirsty Black	LC	00:31.46	01:06.45	02:23.17	04:57.85	10:02.73		00:38.05	01:22.05	03:00.08	00:43.61	01:38.51	03:27.24	00:36.37	01:21.22				02:50.64
Kirsty Black	SC	00:30.31	01:05.56	02:19.14	04:49.21		01:20.14	02:44.96		01:33.16	03:14.15	00:35.62	01:18.48	02:49.15	01:19.14	02:44.23			
L Charleton	SC	00:49.57	01:52.72							02:26.19						04:52.16			
Lauren Barclay	LC	00:35.95				00:42.45			00:47.85										
Lauren Barclay	SC	00:34.27	01:27.80	02:46.27		00:40.85	01:42.95	03:13.92	00:46.25	01:55.70	03:31.42	00:44.14				01:27.79			
Lauren Woodhall	SC		03:29.82	07:28.03				04:15.07											
Lauryn Dean	LC	00:33.78	01:11.11	02:34.48		00:35.24	01:18.80	02:46.06	00:52.31	01:55.88	03:53.55	00:38.00	01:34.82			03:05.25			
Lauryn Dean	SC	00:31.41	01:09.83	02:31.41	06:07.17	00:35.28	01:19.00	02:45.78	00:47.97	01:50.37	03:45.79	00:35.72	01:31.76	03:16.85	01:22.49	02:55.60	06:15.87		
Leah Tuley	LC		03:45.80					04:03.03		01:00.43		04:38.66	00:56.06						
Leah Tuley	SC	00:42.66	03:33.22			00:52.01			00:57.97		04:24.00	00:55.88				01:47.27			

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Leonie Chan	LC	00:30.01	01:03.01	02:21.84				00:34.74	01:13.64	02:46.49			00:33.97	01:20.09	02:56.11		02:57.63	
Leonie Chan	SC	00:29.89	01:03.57	02:20.67	05:05.70			00:36.22	01:13.60	02:37.35		01:43.19	03:33.17	00:34.11	01:14.40	02:43.06		02:42.58
Lucy Budimir	LC	00:28.34	01:00.81	02:10.70	04:46.18	09:52.04		00:34.88	01:13.37	02:36.37	00:36.14	01:16.92	02:46.94	00:32.87	01:10.68			02:27.59
Lucy Budimir	SC	00:28.17	00:59.86	02:09.00	04:45.68			00:33.68	01:10.79	02:34.37	00:35.87	01:15.89	02:44.59	00:32.85	01:12.86	02:42.64	01:10.28	02:27.59
Lucy Ireland	LC	00:45.76						00:49.50										04:13.17
Lucy Ireland	SC	00:41.02						00:47.49			00:54.50						01:50.13	
Luke Goundry	LC	00:38.06	01:26.33					00:47.66	01:37.03		00:44.97	01:39.62		00:47.53				
Luke Goundry	SC	00:34.60	01:16.60	02:59.81	06:07.12			00:41.02	01:28.07	03:05.91	00:42.86	01:32.57	03:12.48	00:43.44	01:36.60		01:25.17	03:05.78
Mary-Rose Lawrance	SC											02:31.04						
Mats Crisp	LC			03:00.54				00:46.54		03:15.75			03:51.21	00:42.84		03:44.33		03:18.30
Mats Crisp	SC	00:34.54		03:06.03	06:29.45			00:39.62		03:20.42	00:49.73		03:57.15	00:41.52		03:37.02	01:55.35	03:21.36
Matthew Benson	SC			02:43.30						03:07.84								
Matthew Dales	LC	00:34.24	01:13.39					00:38.35	01:25.10	03:08.21	00:40.55	01:28.38	03:10.65					
Matthew Dales	SC	00:32.26	01:12.56						01:26.34			01:28.03	03:02.98					02:55.35
Matthew Law	LC	00:38.29	01:25.09	03:04.76				00:46.15	01:39.83	03:37.70	00:44.87	01:40.41	03:23.69	00:47.11	02:04.66			03:26.48
Matthew Law	SC	00:37.06	01:40.11	03:07.08	06:32.35			00:45.43	01:53.10	03:34.52	00:41.76	01:47.82	03:22.97	00:43.72	02:32.61	04:30.86	01:32.78	03:46.37
Matthew Rider	LC	00:29.56	01:04.00	02:13.45	04:36.37	09:26.59	18:05.64	00:35.82	01:13.27	02:37.69								02:36.62
Matthew Rider	SC	00:32.29	01:02.89	02:11.99	04:31.42		17:39.74	00:36.70	01:11.37	02:29.64			01:31.66	02:53.27	00:34.41	01:21.88	02:37.55	02:31.11
Megan Campbell	LC	00:35.54		03:08.56				00:40:09					01:47.65					03:24.80
Megan Campbell	SC	00:36.35		02:46.51	05:46.10			00:36.32		03:07.96	00:46.66		03:32.73					
Molly Allan	LC										00:49.49		03:58.12					
Molly Allan	SC												03:37.29					
Natasha Atkins	LC	00:30.15	01:05.54					00:33.68	01:10.06	02:33.18				00:31.58	01:09.61	02:37.20		02:39.59
Natasha Atkins	SC	00:29.39	01:04.00	02:20.76	04:55.68			00:32.23	01:09.10	02:26.27		01:31.13	03:08.57	00:31.92	01:11.38	02:38.62		02:34.64
Nathan Hale	LC	00:32.12	01:14.42	02:49.47					01:32.71		00:46.62		03:48.36	00:40.13				
Nathan Hale	SC			02:44.03	05:44.60					03:12.63			03:37.58			03:14.53		
Nathan Sutton	SC		01:38.38						01:57.30									
Oliver Bell	LC	00:34.53	01:20.79	02:49.90	06:00.61				01:26.65	03:03.24	00:51.66	01:50.06	03:57.87	00:40.16	01:41.34	03:41.69		03:10.25
Oliver Bell	SC	00:33.86	01:20.16	02:42.33	05:56.46			00:39.09	01:25.89	02:56.77	00:50.08	01:49.69	03:43.08	00:39.35	01:47.45	03:26.87	01:29.27	03:06.60
Oliver Tuley	LC	00:32.97	01:08.61	02:31.96		11:34.78			01:18.96	02:51.75	00:46.37	01:42.83		00:38.73				02:54.86
Oliver Tuley	SC	00:29.80	01:08.25	02:29.61	05:33.52			00:35.48	01:19.24	02:46.66	00:45.55	01:42.51	03:29.45	00:33.80			01:24.53	02:51.92
Olivia Marsh	LC		01:10.10	02:32.62														02:55.99
Olivia Marsh	SC	00:32.80	01:09.27	02:26.78				00:37.91			00:44.14			00:36.01	01:21.93			02:50.16
Opal Naylor	LC	00:48.05						00:49.38		04:16.23	01:00.65							
Opal Naylor	SC	00:47.25		03:34.50				00:52.65		03:45.29	01:01.82		04:29.60	01:01.55			01:57.61	
Pamela Burgess	LC	00:32.59	01:07.99	02:27.07	05:02.85			00:41.43	01:22.41	02:57.75	00:45.63	01:36.42	03:18.27	00:36.21	01:20.51			02:48.35
Pamela Burgess	SC	00:32.09	01:07.01	02:23.61	04:52.28				01:21.98	02:52.00		01:33.65	03:15.86		01:21.97	02:55.10	01:21.21	02:44.19
Paul Harrisson	SC	00:29.97	01:05.08	02:26.79	05:13.38	10:57.07	21:07.79				00:37.84							
Phoebe Logan	LC	00:49.91						00:53.00			00:59.09							
Phoebe Logan	SC	00:54.63						00:59.89			01:03.82			01:26.44				
Poppy Moore	LC	00:38.99	01:31.57					00:49.46	01:45.20		00:49.73	01:53.37						03:44.45
Poppy Moore	SC	00:38.96						00:45.75			00:52.03	01:51.56					01:38.84	03:37.49
Rachael Ellis	LC			03:21.89				00:48.22		03:35.34	00:50.02		03:52.05					03:46.98
Rachael Ellis	SC	00:38.46		03:19.95				00:44.93		03:43.07	00:45.73		03:52.79	00:53.70			01:53.30	03:42.68
Rachel Clay	LC	00:31.43	01:04.97	02:21.91				00:39.24	01:24.59	02:54.84	00:40.41	01:27.71	03:02.75					02:42.28
Rachel Clay	SC	00:30.73	01:04.26	02:18.16	04:52.91			00:38.91	01:16.20	02:46.60	00:39.66	01:26.12	02:59.39	00:36.56	01:24.40	02:52.23	01:17.35	02:39.67
Rebecca Merchant	LC	00:42.80		03:37.68				00:51.84		04:00.71	01:09.43		00:52.24		04:32.20			04:01.79
Rebecca Merchant	SC	00:43.44		03:42.99	07:27.39			00:52.75		04:00.83	01:02.62		00:47.78		04:47.44	01:50.22		
Robert Aitken	SC			03:30.94						03:54.19								
Sam Sanderson	SC	00:25.59	00:55.04	02:00.82				00:28.65	01:02.47				00:28.38	01:01.14				02:17.42
Samuel Charleton	LC	00:43.71						00:59.73										04:44.15
Samuel Charleton	SC	00:42.86		03:46.62	07:53.11			00:54.34	01:59.57		00:58.87		04:30.62	01:08.63			01:53.35	
Samuel Thomas	LC	00:42.08						00:50.61			00:56.43			00:56.44				03:51.23
Samuel Thomas	SC	00:43.26		03:26.27	07:07.07			00:47.16			00:53.36		04:10.42	00:48.27			01:42.28	
Serra Hale	LC			03:02.03						03:28.37	00:56.37		04:23.26					
Serra Hale	SC	00:34.85		03:02.70	06:37.67			00:42.05		03:16.94	00:54.11		04:08.55	00:41.58			01:37.91	03:51.09
Sophie Glasby	LC	00:31.66	01:07.07	02:20.37	05:02.58			00:34.20	01:11.10	02:29.89			00:32.08	01:10.25				02:36.45
Sophie Glasby	SC	00:30.20	01:05.21	02:17.21	04:48.75	09:45.46		00:33.08	01:09.17	02:24.45		01:25.45	03:02.77	00:33.10	01:12.05	02:38.43		02:33.25

Best_Swims

Steven Moore	LC		01:23.74					00:52.09	01:51.46					
Steven Moore	SC	00:36.63	01:24.94	02:52.13				00:48.29	01:54.41	03:35.48			01:35.49	03:38.17
Suzanne Lewis	LC	00:41.50		03:29.59			00:50.98	00:58.92		04:37.91	00:54.08			04:06.73
Suzanne Lewis	SC	00:43.31		03:33.43			00:51.84	04:08.21	00:54.24	04:22.63	00:57.27		01:48.79	
Thomas Warren	LC		01:10.65	02:37.41				01:20.83	02:56.52	00:46.78	01:45.69		00:38.10	01:24.86
Thomas Warren	SC	00:30.39	01:10.58	02:28.60	05:16.52		00:37.13	01:19.67	02:40.25					02:57.01
Tracey Barrett	SC		01:42.11					02:10.56						02:49.75
Yasmin Pennock	SC		01:13.47	02:34.82				01:29.77		00:44.23	01:38.15			
Zoe Hillier	SC	00:45.30		03:32.07			00:53.53	04:15.98	00:56.91		04:11.30			01:51.33